

ΕΛΛΗΝΟΑΜΕΡΙΚΑΝΙΚΗ ΕΝΩΣΗ

Σωματείο Κοινωνικό, Εκπαιδευτικό και Πολιτιστικό



OUR
KINDERGARTEN
PROGRAM



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ΜΑΣΣΑΛΙΑΣ 22, 10680 ΑΘΗΝΑ



T.: 210 3680900

URL: <https://www.hau.gr/el-gr/learning>

E-MAIL: english@hau.gr

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Principles of the Program

Every week, students are introduced to a specific theme through which they engage in activities that meet the goals of the 5 Learning Areas of the Program. All sessions and activities:

- ★ nurture the physical, social, emotional and cognitive development of children according to the Holistic Approach in Education;
- ◇ are grounded on the latest research in the fields of neuroscience, child psychology, and learning theory;
- 👤 focus on cultivating essential values in students, as well as self-awareness, resilience, and effective social skills and strategies;
- 🌀 align with the natural developmental learning milestones of children ensuring their smooth progress.

5 Areas of Learning

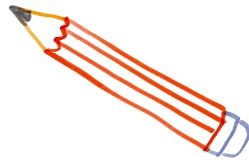
1 Language & Communication

2 My world & I

3 Social & Emotional Development

4 Arts & Creativity

5 Physical Fitness & Health



5 Learning Areas



Learning Outcomes



1. Language & Communication

The **Language & Communication** Learning Area:

- Exposes children to a wide-variety of theme-related concepts (colours, shapes, numbers, opposites) in an age- and interest-tailored way;
- Draws on the well-established Total Physical Response method to facilitate language acquisition in the early years;
- Integrates imaginative role-play and drama activities into the sessions, allowing children to develop their language skills in a natural and interactive way;
- Develops language skills and comprehension.

Through the **Language & Communication** Learning Area, students progress from:

Listeners → Participants

2. My world & I

The **My world & I** Learning Area:

- Sparks curiosity and encourages children to explore and discover the world around them;
- Aims to develop children's cognitive skills and encourages them to ask questions and seek answers;
- Enhances sensory development which makes learning a stimulating and meaningful experience that involves sight, sound, touch, taste, and smell;
- Offers hands-on exploration and experiences that cater to different learning styles and interests;
- Fosters environmental awareness and consciousness in each child and promotes a sense of responsibility towards the natural world;

Through the **My world & I** Learning area, students progress from:

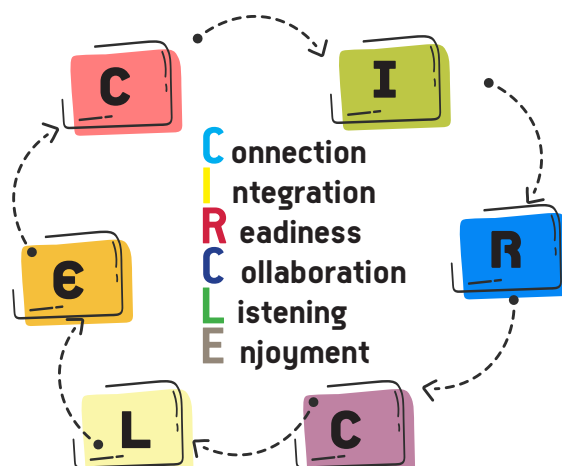
Observers → Little Scientists & Researchers



3. Social & Emotional Development

The **C.I.R.C.L.E.** Time

Through the Social and Emotional Development Learning Area, each student works on:

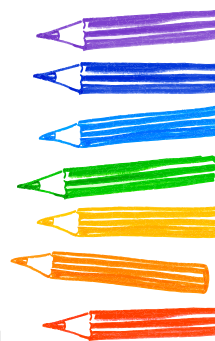


4. Arts & creativity



The **Arts & Creativity** Learning Area:

- Promotes creativity, and free expression, and makes use of learners' imagination and spontaneity;
- Calms the mind and improves concentration;
- Facilitates cognitive development.



Through the **Arts & Creativity** Learning Area, learners :

- are encouraged to express their feelings and ideas through exercising their senses and movement;
- experiment with different forms of art - from drawing, coloring and painting, to cutting and pasting, to modelling and crafting;
- participate in rhythmic creation activities with body movement and other art elements.



5. Physical Fitness & Health

The **Physical Fitness & Health** Learning Area:

- Focuses on overall wellbeing, good living habits and a joyful state of mind;
- Ensures physical activity as a part of the school routine;
- Is filled with highly engaging, fun and flexible activities and games.

Through the **Physical Fitness & Health** Learning Area, learners:

- Improve their balance and co-ordination (locomotor skills);
- Develop their gross and fine motor skills;
- Identify the functions of the five senses, i.e., sight, hearing, taste, smell and touch (physical awareness);
- Use senses to explore the surroundings;
- Discover own strength and ability (self-image);
- Learn to observe rules and respect others;
- Collaborate under a common goal and acquires a sense of belonging (collective responsibility).



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